**Objective:** To reinforce awareness of the health risks and prevention methods associated with West Nile Virus

The West Nile Virus (WNV) is thought to be spread when a mosquito bites an infected bird and then a person.

While commonly found in Africa, West Asia, and the Middle East, WNV is believed to be a seasonal epidemic in North America from summer to fall.

When dealing with WNV, **prevention of mosquito bites is the best tactic.**

**Illness and Symptoms**

* The chance of becoming ill from a single mosquito bite remains low.
  + - * 80% of people infected with WNV will not show any symptoms at all. Of the 20% who do exhibit symptoms, the chance of severe symptoms only occurs in less than 1%.
      * Symptoms include:
* Skin rash
* Swollen lymph glands
* Fever
* Headache
* Muscle ache
* Exhaustion
* In severe cases, encephalitis, which can be fatal
* Symptoms can last for weeks.
* The risk of severe illness and death is highest for people over 50 years old, although people of all ages can become ill.
* If you think you might have WNV, consult a healthcare provider as soon as possible.

**Prevention**

* Avoid contact with mosquitos:
  + Be aware of peak mosquito hours, dawn and dusk.
  + Install and maintain window and door screens.
  + Use mosquito repellent.
  + Wear clothing that can help reduce mosquito bites, e.g., long sleeved shirts and pants.
* Prevent mosquito breeding:
  + Eliminate standing water where mosquitos lay eggs, e.g., old tires, bottles, and buckets where water can collect.
* Clean out the mosquitos from places where you live and work.
* Support community-based mosquito (vector) control programs.

This form documents that the training specified above was presented to the listed participants. By signing below, each participant acknowledges receiving this training.

Organization: Date:

Trainer: Trainer’s Signature:

**Class Participants:**

Name: Signature:

Name: Signature:

Name: Signature:

Name: Signature:

Name: Signature:

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